

EXPERIENCE THE STORY



KINDNESS



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STEP 1: READ

Genesis 37, 39-45

Play *The Dreamer* and *Dreams Come True* in the *Bible App for Kids*

KEY VERSE

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

-Ephesians 4:32

Print the key verse and memorize it this week



If you don't have the Bible App for Kids on your device, please visit your app store to download for FREE



STEP 2: EXPLAIN

Kindness: having a friendly attitude towards others.

When Jesus comes into your life, He changes it completely. One of the ways people will know you are different and that He has changed your life is by the way you treat other people. Jesus has asked us to be **kind** to each other.

Sometimes, people are mean or unfriendly to us. It's hard to be **kind** back to them. So hard, in fact, that we can't do it ourselves. Thankfully, when we ask Jesus to come into our life and forgive us of our sin, He sends His Holy Spirit to live inside us. As the Holy Spirit helps us show kindness to others, we are showing them what God looks like.

Kindness is also one of the fruits of the Spirit (Galatians 5:22-23).

But showing **kindness** to people who have hurt us is not easy! When Joseph's brothers arrived in Egypt, Joseph had the power to hurt them. He could have made them slaves, just as they had sold Joseph into slavery. But instead, with God's help, Joseph showed them **kindness** and forgiveness. He used his power to help his brothers and give them food and a safe place to live.

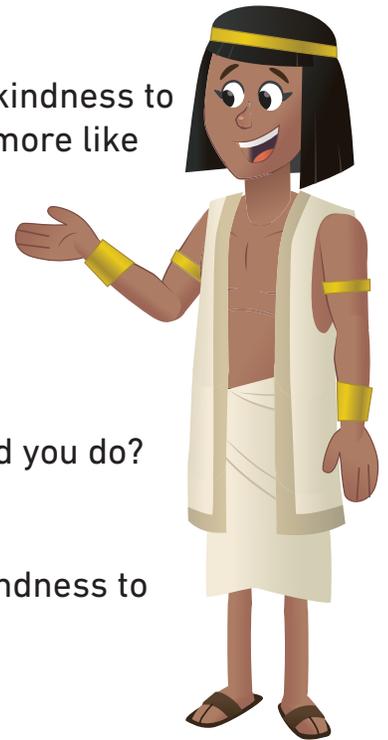
When someone has hurt your feelings, don't respond in anger. Instead, ask God to show you how you can be kind to that person. Jesus said we are to love our enemies (Matthew 5:43). It might be as simple as a smile, letting that person go ahead of you in line, or helping them with a math problem when they need it. Your kindness shows them how God loves them.

You can also show kindness by helping a classmate with a subject that comes easy to you, but is difficult for them. You can show kindness by helping your parents around the house without being asked. You can show kindness in so many ways!



STEP 3: PRAY

Dear God, Help me show kindness to others. It's not easy to show kindness to people who have hurt me, but I want to follow You and grow to be more like Jesus. Show me what I can do to love people like You love them. Amen.



STEP 4: TALK ABOUT IT!

Kids ask your parents:

Was there ever a time you showed kindness to an enemy? What did you do?

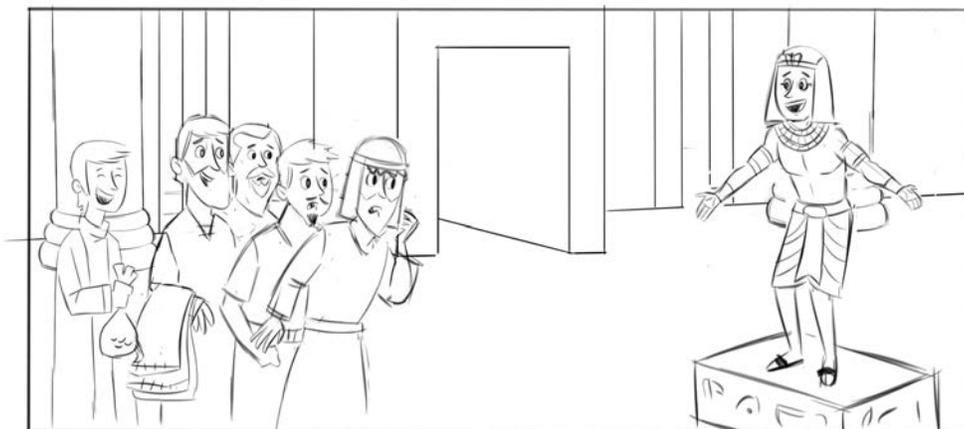
Parents ask your kids:

Is there someone you struggle to be kind to? How can you show kindness to that person today or tomorrow?



EXTRA QUESTIONS:

1. Why did Joseph's brothers hate him?
2. What was God's plan for Joseph's life?
3. Why did Joseph's family move to Egypt?
4. How did Joseph show kindness to his brothers?



EXTRA QUESTIONS ANSWERS:

1. His father favored him
2. To take care of the Israelite people in Egypt
3. Because of the famine, and Joseph provided for them
4. He forgave them and gave them food and a place to live

1. Draw some fruit on this tree and write "kindness" on each piece. Hang the picture somewhere you will see it often. Whenever you see the "kindness tree", ask God to grow kindness in you.



2. Show kindness to someone by writing them a note, drawing a picture for them, or taking them cookies (use the recipe below).

Ask your child to think of something else kind they could do.

You'll need these ingredients:

2 sticks (1 cup) butter, softened (room temperature)

$\frac{3}{4}$ cup granulated white sugar

$\frac{3}{4}$ cup packed brown sugar

$\frac{1}{4}$ teaspoon vanilla extract

2 large eggs

2 $\frac{1}{4}$ cups all-purpose flour

1 teaspoon baking soda

1 teaspoon salt

2 cups semi-sweet chocolate chips

DIRECTIONS:

1. Preheat oven to 375°F (Preheat: turn the oven on before you start making your cookies, so it's already hot)
2. Cream (have an adult help you use a mixer) butter, granulated sugar, and brown sugar in a large mixer bowl.
3. Add eggs one at a time, beating until fully incorporated.
4. Add vanilla extract and beat in.
5. In a small bowl, mix together the dry ingredients (except chocolate).
6. Add to the wet mixture in two parts and fold until combined(don't mix for too long). Stir in chocolate chips.
7. Roll into a ball, a little bigger than the size of a quarter onto ungreased baking sheets.
8. Bake in the preheated oven for 10 to 12 minutes or until golden brown (cooking times may vary).

Let stand for about 1 minute and remove from hot baking sheet to cool on a wire rack.

3. Memorize Ephesians 4:32 together as a family.

Instead,
Be Kind
to each other,
Tenderhearted,
FORGIVING ^{one} another
JUST AS GOD THROUGH
Christ has forgiven
you.

-Ephesians 4:32 (NLT)

4. Make “kindness” tickets and hand them out to each other when you see someone being kind.

THANKS FOR BEING KIND!

TO: _____ FROM: _____

I NOTICED YOUR KINDNESS WHEN:

THANKS FOR BEING KIND!

TO: _____ FROM: _____

I NOTICED YOUR KINDNESS WHEN:

THANKS FOR BEING KIND!

TO: _____ FROM: _____

I NOTICED YOUR KINDNESS WHEN:

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FOR KIDS

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